



Luv-N-Care Animal Hospital Senior Care Health Checklist

If your pet is a senior (see age chart below) and is experiencing one or more of the following changes, be sure to bring it to our attention today. What may look like normal aging changes could be signs of a manageable health condition. Recognizing and treating health problems early is the key to a long, healthy, happy life for your pet.

Is Your Pet Over 40?

Pet's Age	Cat	Dog (in pounds)			
		0-20	21-50	51-90	>90
5	36	36	37	40	42
6	40	40	42	45	49
7	44	44	47	50	56
8	48	48	51	55	64
9	52	52	56	61	71
10	56	56	60	66	78
11	60	60	65	72	86
12	64	64	69	77	93
13	68	68	74	82	101
14	72	72	78	88	108
15	76	76	83	93	115
16	80	80	87	99	123
17	84	84	92	104	132
18	88	88	96	109	
19	92	92	101	115	
20	96	96	105	120	

Relative Age of Your Pet in "Human Years"

Senior Geriatric

Dog _____ Cat _____

Owner _____ Date _____

Pet's Name _____ Age _____

Signs	Yes	No
Difficulty climbing stairs		
Difficulty jumping up		
Increased stiffness or limping		
Loss of house training / house soiling		
Increased thirst		
Increased urination		
Changes in activity level		
Excessive panting /changes in breathing		
Circling / repetitive movements		
Confusion / disorientation		
Biting / snapping (family and/or other pets)		
Excessive barking / meowing		
Decreased interaction with family / hiding		
Decreased responsiveness		
Tremors or shaking		
Skin / haircoat changes		
New or changed lumps or bumps		
Excessive scratching		
Sleeping pattern or location changes		
Less enthusiastic greeting or behavior		
Appetite or weight changes		
Bad breath		
Changes in litterbox habits / inappropriate eliminations (cats)		
Other _____		